

# COT

## One Step Cotinine Test Dipcard Package Insert

A rapid, one step test for the qualitative detection of Cotinine (nicotine metabolite) in human urine.

For Determination of Smoking Status Only.

### INTENDED USE

The One Step Cotinine Test Dipcard is a lateral flow chromatographic immunoassay for the detection of Cotinine(nicotine metabolite) in human urine.

Test	Calibrator	Cut-off
Cotinine (COT)	Cotinine	200ng/mL

This assay provides only a preliminary analytical test result. A more specific alternate chemical method must be used in order to obtain a confirmed analytical result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method. Clinical consideration and professional judgment should be applied to any drug of abuse test result, particularly when preliminary positive results are used.

### Summary

Cotinine is the first-stage metabolite of nicotine, a toxic alkaloid that produces stimulation of the autonomic ganglia and central nervous system when in humans. Nicotine is a drug to which virtually every member of a tobacco-smoking society is exposed whether through direct contact or second-hand inhalation. In addition to tobacco, nicotine is also commercially available as the active ingredient in smoking replacement therapies such as nicotine gum, transdermal patches and nasal sprays.

In a 24-hour urine, approximately 5% of a nicotine dose is excreted as unchanged drug with 10% as cotinine and 35% as hydroxycotinine; the concentrations of other metabolites are believed to account for less than 5%.<sup>1</sup> While cotinine is thought to be an inactive metabolite, it's elimination profile is more stable than that of nicotine which is largely urine pH dependent. As a result, cotinine is considered a good biological marker for determining nicotine use. The plasma half-life of nicotine is approximately 60 minutes following inhalation or parenteral administration.<sup>2</sup> Nicotine and cotinine are rapidly eliminated by the kidney; the window of detection for cotinine in urine at a cutoff level of 200 ng/mL is expected to be up to 2-3 days after nicotine use.

### PRINCIPLE

The One Step Cotinine Test Dipcard is a rapid chromatographic immunoassay based on the principle of competitive binding. Drugs which may be present in the urine specimen compete against the drug conjugate for binding sites on the antibody.

During testing, a urine specimen migrates upward by capillary action. Cotinine, if present in the urine specimen below 200ng/mL, will not saturate the binding sites of the antibody coated particles in the test Dipcard. The antibody coated particles will then be captured by immobilized Cotinine conjugate and a visible colored line will show up in the test line region. The colored line will not form in the test line region if the Cotinine level exceeds 200ng/mL because it will saturate all the binding sites of anti-Cotinine antibodies.

A drug-positive urine specimen will not generate a colored line in the test line region, while a drug-negative urine specimen or a specimen containing a drug concentration less than the cut-off will generate a line in the test line region. To serve as a procedural control, a colored line will always appear at the control line region indicating that proper volume of specimen has been added and membrane wicking has occurred.

### REAGENTS

The test Dipcard contains mouse monoclonal anti-Cotinine antibody-coupled particles and Cotinine-protein conjugate. A goat antibody is employed in the control line system.

### PRECAUTIONS

- For *in vitro* diagnostic use only. Do not use after the expiration date.
- The test Dipcard should remain in the sealed pouch until use.
- All specimens should be considered potentially hazardous and handled in the same manner as an infectious agent.
- The used test Dipcard should be discarded according to federal, state and local regulations.

### STORAGE AND STABILITY

The kit can be stored at room temperature or refrigerated (2-30°C). The test Dipcard is stable through the expiration date printed on the sealed pouch. The test Dipcard must remain in the sealed pouch until use. **DO NOT FREEZE.** Do not use beyond the expiration date.

### SPECIMEN COLLECTION AND PREPARATION

#### Urine Assay

The urine specimen must be collected in a clean and dry container. Urine collected at any time of the day may be used. Urine specimens exhibiting visible particles should be centrifuged, filtered, or allowed to settle to obtain clear specimen for testing.

#### Specimen Storage

Urine specimens may be stored at 2-8°C for up to 48 hours prior to testing. For long-term storage, specimens may be frozen and stored below -20°C. Frozen specimens should be thawed and mixed before testing.

### MATERIALS

#### Materials Provided

- Test Dipcard
- Desiccants
- Package insert

#### Materials Required But Not Provided

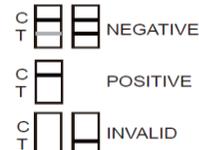
- Specimen collection container
- Timer

### DIRECTIONS FOR USE

**Allow the test device, and urine specimen to come to room temperature [15-30°C (59-86°F)] prior to testing.**

- Remove the test device from the foil pouch.
- Remove the cap from the test device. Label the device with patient or control identifications.
- Immerse the absorbent tip into the urine sample for 10-15 seconds. Urine sample should not touch the plastic device.
- Replace the cap over the absorbent tip and lay the device flatly on a non-absorptive clean surface.
- Read results at 5 minutes.

**DO NOT INTERPRET RESULT AFTER 10 MINUTES.**



### INTERPRETATION OF RESULTS

(Please refer to the illustration above)

**NEGATIVE:** \* **Two lines appear.** One red line should be in the control region (C), and another apparent red or pink line should be in the test region (T). This negative result indicates that the Cotinine concentration is below the detectable level (300ng/mL).

\***NOTE:** The shade of red in the test line region (T) may vary, but it should be considered negative whenever there is even a faint pink line.

**POSITIVE:** **One red line appears in the control region (C).** No line appears in the test region (T). This positive result indicates that the Cotinine concentration exceeds the detectable level (300ng/mL).

**INVALID:** **Control line fails to appear.** Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Review the procedure and repeat the test using a new test Dipcard. If the problem persists, discontinue using the lot immediately and contact your local distributor.

### QUALITY CONTROL

A procedural control is included in the test. A red line appearing in the control region (C) is considered an internal procedural control. It confirms sufficient specimen volume, adequate membrane wicking and correct procedural technique.

Control standards are not supplied with this kit; however, it is recommended that positive and negative controls be tested as good laboratory testing practice to confirm the test procedure and to verify proper test performance.

### LIMITATIONS

- The COT One Step Cotinine Test Device (Urine) provides only a qualitative, preliminary analytical result. A secondary analytical method must be used to obtain a confirmed result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method.<sup>1,2</sup>
- It is possible that technical or procedural errors, as well as other interfering substances in the urine specimen may cause erroneous results.
- Adulterants, such as bleach and/or alum, in urine specimens may produce erroneous results regardless of the analytical method used. If adulteration is suspected, the test should be repeated with another urine specimen.
- A positive result indicates only that the presence of Cotinine is above the cut-off concentration. It does not indicate or measure level of consumption.
- A negative result may not necessarily indicate drug-free urine. Negative results can be obtained when drug is present but below the cut-off level of the test.
- Test does not distinguish between drugs of abuse and certain medications.

### PERFORMANCE CHARACTERISTICS

#### Reproducibility

Reproducibility studies were carried out using commercially available stork solutions of the drug analytes listed. Dilutions were made from the stork solution of each drug to the concentrations specified in the following tables. The results are listed in the following tables.

Cotinine conc.(ng/mL)	Total number of Determinations	Result	Precision
No drug present	40	40 negative	>99%
100	40	40 negative	>99%

300	40	40 positive	>99%
400	40	40 positive	>99%

#### Analytical Sensitivity

A drug-free urine pool was spiked with drugs to the concentrations at  $\pm 50\%$  cut-off and  $\pm 25\%$  cut-off. The results are summarized below.

COT Concentration (ng/mL)	Percent of Cut-off	n	Visual Result	
			Negative	Positive
0	0	90	90	0
100	-50%	90	90	0
150	-25%	90	90	0
200	Cut-off	90	49	41
250	+25%	90	0	90
300	+50%	90	0	90
400	+100%	90	0	90

#### Analytical Specificity

The following table lists the concentration of compounds (ng/mL) that were detected positive in urine by The One Step Cotinine Test Dipcard (Urine) at a read time of 5 minutes.

Drug	Concentration (ng/ml)
Cotinine	200
Nicotine	6,250

#### Effect of Urinary Specific Gravity

Fifteen (15) urine samples of normal, high, and low specific gravity ranges (1.005, 1.015, 1.030) were spiked with drugs at 50% below and 50% above cut-off levels respectively. The One Step Cotinine Test Dipcard was tested in duplicate using ten drug-free urine and spiked urine samples. The results demonstrate that varying ranges of urinary specific gravity do not affect the test results.

#### Effect of Urinary pH

The pH of an aliquoted negative urine pool was adjusted to pH ranges of 4.0, 4.5, 5.0, 6.0 and 9.0, and spiked with drugs at 50% below and 50% above cut-off levels. The spiked, pH-adjusted urine was tested with The One Step Cotinine Test Dipcard. The results demonstrate that varying ranges of pH do not interfere with the performance of the test.

#### Cross-Reactivity

A study was conducted to determine the cross-reactivity of the test with compounds in either drug-free urine or Cotinine positive urine. The following compounds show no cross-reactivity when tested with The One Step Cotinine Test Dipcard (Urine) at a concentration of 100  $\mu\text{g/mL}$ .

#### Non Cross Reacting Compounds

Acetophenetidin	I-Cotinine	Cortisone	d-Pseudoephedrine
N-Acetylprocainamide	Creatinine	Ketoprofen	Quinidine
Acetylsalicylic acid	Deoxycorticosterone	Labetalol	Quinine
Aminopyrine	Dextromethorphan	Loperamide	Salicylic acid
Amoxicillin	Diclofenac	Meprobamate	Serotonin
Ampicillin	Diflunisal	Methoxyphenamine	Sulfamethazine
I-Ascorbic acid	Digoxin	Methylphenidate	Sulindac
Apomorphine	Diphenhydramine	Nalidixic acid	Tetracycline
Aspartame	Ethyl-p-aminobenzoate	Naproxen	Tetrahydrocortisone
Atropine	$\beta$ -Estradiol	Niacinamide	3-Acetate
Benzilic acid	Estrone-3-sulfate	Nifedipine	Tetrahydrocortisone

Benzoic acid	Erythromycin	Norethindrone	Tetrahydrozoline
Bilirubin	Fenoprofen	Noscapine	Thiamine
d,l-Brompheniramine	Furosemide	d,l-Octopamine	Thioridazine
Caffeine	Gentisic acid	Oxalic acid	d,l-Tyrosine
Cannabidiol	Hemoglobin	Oxolinic acid	Tolbutamide
Chloralhydrate	Hydralazine	Oxymetazoline	Triamterene
Chloramphenicol	Hydrochlorothiazide	Papaverine	Trifluoperazine
Chlorothiazide	Hydrocortisone	Penicillin-G	Trimethoprim
d,l-Chlorpheniramine	o-Hydroxyhippuric acid	Perphenazine	d,l-Tryptophan
Chlorpromazine	3-Hydroxytyramine	Phenelzine	Uric acid
Cholesterol	d,l-Isoproterenol	Prednisone	Verapamil
Clonidine	Isoxsuprine	d,l-Propranolol	Zomepirac

#### BIBLIOGRAPHY

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- Hardman JG and Limbird LE. Goodman and Gilman's: The Pharmacological Basis for Therapeutics. 10th Edition. McGraw Hill Medical Publishing, 2001; 208-209.